

COACHES CODE OF CONDUCT

- Consider the overall well-being and safety of the participants before the development of performing skills. MAPLE Gymnastics believes in **safety** first, **fun** and **learning**.
- Develop open and honest relationships with participants based on mutual trust and respect.
- When coaching, do not exceed level of qualification and competence.
- Be familiar with and adhere to MAPLE Gymnastics Child Protection Policy, Health and Safety Policy, Discipline and Safety Rules and Equity Policy.
- Never exert influence over performers to obtain personal benefit or reward.
- Encourage performers to value their performances and not just results.
- Know your child! Coaches should be aware of illness, injury or any other extenuating factors that may affect performance. Information should be shared on a "need to know" basis and confidentially maintained at all times.
- Ensure a safe environment making sure all activities are appropriate to the age, ability and experience of those taking part.
- Ensure all participants are suitably prepared physically and mentally when learning new skills.
- Be aware of the Emergency Procedures.
- Know the location of the First Aid Box.
- Report and record any incidents or accidents immediately in the annual Incident Record Diary or on an Accident Record form.
- Ensure that there is always a minimum of two coaches / adults present when in the presence of participants. Avoid working alone or unobserved with gymnasts.
- Coaches should defer from performing tasks of a personal nature for a child which they could do for themselves e.g assistance in the toilet or with dressing / undressing.
- Never consume alcohol immediately before or during gymnastics training or events.
- Smoking or the chewing of gum is prohibited at MAPLE Gymnastics.
- Never condone rule violations or use of prohibited substances.
- Coaches should wear appropriate clothing and no jewellery.
- Display high standards of behaviour and use appropriate language.
- Demonstrate consistency regarding expectations.